

Any trainee (clinical fellow, postdoctoral fellow, graduate student, undergraduate student) in any faculty at any institution conducting cardiovascular or vascular research (clinical, translational, or basic) may participate in the Trainee Poster Competition and Oral Presentation Competition. Abstracts will be accepted from **January 5**, **2026** – **February 6**, **2026**.

#### **Abstract Submission**

Trainees may submit only **ONE abstract as first author**. Trainees must be present during judging on **April 28, 2026**, to be eligible for the **\$500** award in their category. Trainees from outside of the Libin Cardiovascular Institute who conduct cardiovascular or vascular research are welcome to submit an abstract and participate in this event. **Submission Deadline: February 6, 2026. Submission link:** https://survey.ucalgary.ca/jfe/form/SV\_9GRM5Y2ABM6KvI

- Keep your abstract to 250 words or less or it will be rejected.
- Your abstract should reflect your research efforts as a first author.
- Only one abstract may be submitted per first author trainee
- Abstracts can be edited/modified up until February 6, 2026.
- Please indicate if you want to be considered for a Trainee Rapid Fire or a TED-Style Talk Presentation. A limited number of abstracts will be selected for these presentations.
- For those selected for the oral presentation, attendance at the TED Talk Workshop on March 4, 2026, from 5:00 PM to 6:30 PM on campus is MANDATORY. If you are unable to attend, please do not apply for the oral presentation, as you will be disqualified.

#### **Poster Presentations**

| Posters will be judged on two rubrics by multiple judges (average score determines your rank in your trainee category). |                                                                                                                                       |  |
|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--|
| POS                                                                                                                     | STER JUDGING SCORE CARD:                                                                                                              |  |
| _                                                                                                                       |                                                                                                                                       |  |
| Pos                                                                                                                     | ter Ranking (Rated on a 5-point Likert scale: 0 = Not Applicable; 1 = Poor; 2 = Satisfactory; 3 = Good; 4 = Very Good; 5 = Excellent) |  |
| Poster Presentation Rubric (Appendix 1):                                                                                |                                                                                                                                       |  |
| Toster Tresentation Rubite (Appendix 1).                                                                                |                                                                                                                                       |  |
| Pos                                                                                                                     | ter Content Score:/5 Poster Presentation Score:/5 Q&A Portion Score:/5                                                                |  |
|                                                                                                                         |                                                                                                                                       |  |
| Total out of 15:                                                                                                        |                                                                                                                                       |  |
| Sex and Gender and WCHI Rubrics (Appendix 3):                                                                           |                                                                                                                                       |  |
| Sex and Gender and Wern Rubites (Appendix 5).                                                                           |                                                                                                                                       |  |
| 1.                                                                                                                      | Was sex and/or gender adequately considered in this research? ☐ YES ☐ NO                                                              |  |
|                                                                                                                         |                                                                                                                                       |  |
| 2.                                                                                                                      | Does the proposed research have the potential to advance basic knowledge, health care, health systems, or health outcomes             |  |
|                                                                                                                         | specifically related to women's cardiovascular health?   YES   NO                                                                     |  |

- Your poster must fit on a poster board measuring four (4) feet wide by six (6) feet tall (portrait format). No exceptions will be made. Posters that exceed these dimensions may be trimmed to ensure they do not interfere with the display of neighboring posters.
- You may use previously printed/presented posters.
- Libin Cardiovascular Institute trainees are encouraged to include the Libin logo on posters.
- You must be present during the judging (exact time TBD) to be eligible for the poster prize competition.
- Clinical cardiology trainees seeking financial assistance for poster printing should contact the Program Director of the Adult Cardiology Residency/Fellowship Training Programs. Trainees are encouraged to arrange poster printing early and choose cost-effective options. Requests submitted at the last minute may not be approved. Funding is subject to availability within the training program.



• Poster presenters will be assigned poster board numbers in advance of **April 28, 2026**. Your poster number(s) will be provided in your registration package.

## **TED-Style Talks**

**TED-STYLE TALK JUDGING SCORE CARD:** 

Presenters will be given **7 minutes for their presentation and 2 minutes for a Q&A session**. You may use a maximum of **three slides** (two slides plus a title slide). As this talk is meant for a broad audience, we ask that you present limited to no data. Please limit PowerPoint animations within your slides. All slides must be submitted to <a href="libin@ucalgary.ca">libin@ucalgary.ca</a> by **4:00 pm** on **Friday, April 24, 2026**. No revisions will be accepted after this time. A limited number of abstracts will be selected for TED-Style Talks.

| Ranking (Rated on a 5-point Likert scale: 0 = Not Applicable; 1 = Poor; 2 = Satisfactory; 3 = Good; 4 = Very Good; 5 = Excellent)                                                                                                                                                                                                                                                                                                                                                                                                                            |  |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Oral Presentation Rubric (Appendix 2):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |  |
| Visual Presentation:/5 TED-Style Oral Presentation:/5 Overall Significance:/5                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |  |
| Total out of 15:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |  |
| Sex and Gender and WCHI Rubrics (Appendix 3):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |  |
| 1. Was sex and/or gender adequately considered in this research? $\square$ YES $\square$ NO                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |  |  |
| 2. Does the proposed research have the potential to advance basic knowledge, health care, health systems, or health outcomes specifically related to women's cardiovascular health?   YES  NO                                                                                                                                                                                                                                                                                                                                                                |  |  |
| Rapid Fire Talks (RFT)  Presenters will be given 5 minutes for their presentation and 2 minutes for questions. You must use a maximum of five slides (including the title slide) on the supplied Libin PowerPoint template. Please limit PowerPoint animations within your slides. Data may be included if necessary. All slides must be submitted to <a href="mailto:libin@ucalgary.ca">libin@ucalgary.ca</a> by 4:00 pm on Friday, April 24, 2026. No revisions will be accepted after this time. A limited number of abstracts will be selected for RFTs. |  |  |
| RFT TALK JUDGING SCORE CARD (Appendix 2):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |  |  |
| Ranking (Rated on a 5-point Likert scale: 0 = Not Applicable; 1 = Poor; 2 = Satisfactory; 3 = Good; 4 = Very Good; 5 = Excellent)                                                                                                                                                                                                                                                                                                                                                                                                                            |  |  |
| Oral Presentation Rubric (Appendix 2):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |  |
| Visual Presentation:/5 Rapid-Fire Style Oral Presentation:/5 Overall Significance:/5                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  |  |
| Total out of 15:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |  |
| Sex and Gender and WCHI Rubrics (Appendix 3):                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |  |  |
| 1. Was sex and/or gender adequately considered in this research? $\square$ YES $\square$ NO                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |  |  |
| 2. Does the proposed research have the potential to advance basic knowledge, health care, health systems, or health outcomes specifically related to women's cardiovascular health? ☐ YES ☐ NO                                                                                                                                                                                                                                                                                                                                                               |  |  |



If you are chosen to present a TED-Style Talk or a Rapid-Fire Talk, we encourage you to also present a poster during the poster session in case there are any follow-up questions on your oral presentation. However, your poster will not be scored and will not be eligible for a poster presentation prize. Presenters will be supplied with a Libin PowerPoint template that must be used. All slides must be submitted to <a href="mailto:libin@ucalgary.ca">libin@ucalgary.ca</a> by 4:00 pm on April 24, 2026. No revisions will be accepted after this time.

Please contact <a href="mailto:libin@ucalgary.ca">libin@ucalgary.ca</a> if you are not able to present a poster by April 1, 2026.

#### **Available awards**

Each award winner will receive \$500 and a certificate. Certificates will be handed out during the award ceremony and funds will be submitted for payment within a month of the event. Funds may take up to a month to be deposited into the awardee's account. Awardees are to ensure direct deposit information is up to date on their UCalgary profile.

#### **Poster Awards:**

An award will be awarded to each of the following:

- Undergraduate
- MSc
- PhD
- Postdoctoral
- Clinical Trainee

#### **Oral Presentation Awards:**

One award, no matter what the level, awarded in the following categories:

- Rapid Fire talk
- TED-Talk
- Oral Presentation Participation Award (\$50 granted per each oral presenter of the event).

### Women's Cardiovascular Health Initiative (WCHI) Awards:

- WCHI Award Rapid Fire Talk
- WCHI Award Poster Competition

Both WCHI awards will be judged using the standard oral presentation scorecard and the poster presentation scorecard, with consideration given to the sex and/or gender questions and the Women's Cardiovascular Health question.



#### **Appendix 1 - Poster Presentation Rubric**

- 1 Poor;
- 2 Satisfactory;
- 3 Good;
- 4 Very Good;
- 5 Excellent.

#### 1. Poster Content

- a. Was the information presented in a logical manner?
- b. Are all elements necessary to understand the work presented?
- c. Does the provided background information support the hypothesis?
- d. Is the research question significant or impactful?
- e. Are the methods appropriate for the research question?
- f. Were the hypotheses or aims stated clearly?

### 2. Poster Presentation

- a. The presentation score includes the clarity of information presented.
- b. Is the poster clearly organized, and readable?
- c. Is the poster aesthetically pleasing?
- d. Has the presenter successfully led the audience through all steps of their project?
- e. Was the presenter confident, spoke clearly?

### 3. Question and Answer Period

- a. Was the presenter able to successfully answer questions about their work, and/or related research?
- b. Is the presenter knowledgeable about their poster and field of work?
- c. Was the presenter able to say they did not know the answer to a question? (May not be applicable in all presentations).

### **Appendix 2 - Oral Presentation Rubric**

- 1 Poor;
- 2 Satisfactory;
- 3 Good;
- 4 Very Good;
- 5 Excellent.

## 1. Overall Significance

- a. Was the information presented in a logical manner?
- b. Are all elements necessary to understand the work presented?
- c. Is the research question significant or impactful?
- d. Did the presenter clearly display how they are addressing the scientific problem in a way you could understand? Was a solution offered to the scientific problem presented?

#### 2. Visual Presentation

- a. Are the slides clearly organized, and readable?
- b. Are the slides aesthetically pleasing?
- c. Did the slides enhance your understanding of the scientific problem and solution?

#### 3. Oral Presentation

a. The oral presentation score includes the clarity of information presented.



- b. Was the presenter within the allotted time for the presentation?
- c. Was the science communicated in a way that everyone can understand?
- d. Was there a connection with the audience? How well did the presenter grab your attention and get you to "care" about the scientific problem presented?
- e. Was the presenter confident, spoke clearly?

## Appendix 3 – Sex and Gender and WCHI Rubrics

| 1. | Was sex and/or gender adequately considered in this research? $\square$ YES $\square$ NO                                                                                                    |
|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2. | Does the proposed research have the potential to advance basic knowledge, health care, health systems, or health outcomes specifically related to women's cardiovascular health?   YES   NO |